



BodyCareSM

by Walter Zernis

About Facial SculptingSM

— A NATURAL, MANUAL FACE-LIFT



Mr. Zernis developed BodyCare and has been practicing Massage Therapy for over 25 years. A graduate of the Swedish Institute School of Massage and an active member of the American Massage Therapy Association & The NYS Society of Medical Massage Therapists, he has also studied & worked with licensed practitioners of several therapies including chiropractors, orthopedic physicians, acupuncturists and physical therapists. He works intuitively from a broad knowledge of medical and holistic therapies. Mr. Zernis has also had first hand experience working with athletes at NYC's tri-athlete and marathon races.

Walter Zernis is honored to offer Facial SculptingSM, a gentle facial massage technique with visible anti-aging results.

Developed by Ms. Colette DeVore, MS, CMT, Lac, this natural face-lift works to manually realign the muscles of the face and tendomuscular meridians of the head, while draining lymphatic fluid waste which affects the micro-circulation of the body's energy system. After 20 years of mentoring from Ms. DeVore, Walter Zernis is the first practitioner on the East Coast to offer Facial SculptingSM.

Benefits of Facial SculptingSM

- Reduces puffiness around the eyes, cheekbones emerge and mouth corners lift, and dimples & lines are less apparent
- Repositions facial and neck muscles and stimulates chi and lymph to re-tone muscles, creating a more youthful and healthy appearance overall
- Reduces stress and enhances relaxation
- Centers & calms the mind through Reiki energy work during facial
- Facial SculptingSM is enhanced by the use of Marie-Veronique's pure and organic skincare products, which address many skin problems such as fine lines, scars and pigmentation issues. This unusual and cutting edge line of products truly nourish and rejuvenate the skin like nothing else on the market to date.

"The ancient art of massage is fast becoming a necessity to people trying to cope with faced-past lives."



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**ALL SERVICES BY
APPOINTMENT ONLY**

For more information on Marie-Veronique Skin Therapy products go to:
www.organicskintherapy.com